



Slow Cooker: 100% VEGAN!: Irresistibly Good & Super Easy Slow Cooker Recipes to Save Your Time & Get Healthy (Vegan Slow Cooker, Crockpot Recipes) (Volume 1)

Karen Greenvang

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Irresistibly Good & Super Easy 100% VEGAN Slow Cooker Recipes to Save Your Time & Get Healthy!

I know how difficult it is to stick to a healthy lifestyle, especially when you want to keep it vegan and are new to it...Not to mention that you simply don't have enough time to slave away in the kitchen.

But don't worry because with this vegan slow cooker cookbook we got you fully covered!

The safety and low energy consumption of a slow cooker means that you can prepare the ingredients of a dish the night before and place everything in your slow cooker first thing in the morning before leaving for work and your meal will be ready when you walk in the door at the end of the day. Of course, the slow cooker can also be left to **create culinary magic overnight**, allowing you to wake up in the morning to a delicious hearty breakfast or even a take-away lunch. Yummy!

Here's What You Are Just About to Discover:

-**healthy nutritious breakfasts** that will kick start your day and save you time out of your morning rush

-**tasty lunches** that will pick you up in the middle of the day

-**wholesome comforting soups** will get you through the late afternoon and keep you going on until dinner where we will have some hearty, options to **satisfy any type of hunger all night!**

All these recipes are one **hundred percent vegan** and focus on using ingredients that are of the **highest nutritional value**. They are also easy to prepare, giving you all the inspiration you need to consistently make healthier meal choices with little effort while staying true to your very important lifestyle choice of the vegan way.

You Will Enjoy Healthy & Tasty Vegan Recipes That Are Ridiculously Easy to Make!

Let me just mention a few...:

- Chocolaty Oat Bran with Hazel Nuts and Strawberries
 - Apple Pie Oatmeal with Raisins, Almonds and Coconut Cream
 - “Carrot Cake” Oatmeal with Pecan Nuts and Coconut Cream
 - Coconut Butternut Squash Soup with Cashew Nuts
 - Tofu Curry with Pineapple and Cashew Nuts
- +many many more!

Regardless of how full your daily schedule looks, you can still enjoy healthy vegan friendly meals because with a slow cooker! You will never get bored with them and all you have to do is throw together the ingredients in the pot, put it on the right settings (just follow the easy instructions inside) and leave it alone while you go about your day!

What are you waiting for?

Grab your copy now and discover a simple, **vegan crockpot system** that will put your vegan diet & lifestyle on autopilot – so you don’t have to waste endless hours in your kitchen, you can enjoy your meals and **feel relaxed and confident** that you’re moving rapidly towards your **best health and body ever!**

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Katherine Belcher:

Book is to be different for every grade. Book for children until finally adult are different content. As it is known to us that book is very important normally. The book Slow Cooker: 100% VEGAN!: Irresistibly Good & Super Easy Slow Cooker Recipes to Save Your Time & Get Healthy (Vegan Slow Cooker, Crockpot Recipes) (Volume 1) has been making you to know about other information and of course you can take more information. It is rather advantages for you. The guide Slow Cooker: 100% VEGAN!: Irresistibly Good & Super Easy Slow Cooker Recipes to Save Your Time & Get Healthy (Vegan Slow Cooker, Crockpot Recipes) (Volume 1) is not only giving you considerably more new information but also for being your friend when you experience bored. You can spend your current spend time to read your book. Try to make relationship while using book Slow Cooker: 100% VEGAN!: Irresistibly Good & Super Easy Slow Cooker Recipes to Save Your Time & Get Healthy (Vegan Slow Cooker, Crockpot Recipes) (Volume 1). You never really feel lose out for everything when you read some books.

Michael Dennison:

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Ruth Zimmer:

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