



My Victory against Vitiligo: A Successful Story and a Practical Guide to Treatment

Xichao Mo

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In this book, the author shared his personal experience in dealing with vitiligo, a skin disorder that physically and emotionally affects millions of people. Through diligent research, careful analyses, and persistent trial and errors, he finally achieved successful recovery by using a combination of commonly available therapies. The book also provides systematic and detailed information on effective vitiligo medications and therapies, including safety precautions and operating procedures, and can serve as a comprehensive guide for vitiligo treatment. Vitiligo is rarely an isolated skin disorder; rather, it is often one of the symptoms of certain underlying health issues. This is perhaps the reason why vitiligo is considered difficult to treat: without properly addressing the internal causes of vitiligo, repigmentation through topical treatment alone might not be effective or sustainable, and relapse could happen. The ultimate solution should be treating vitiligo from both inside and outside. The author shared his strategies and suggestions in tracking down and dealing with the internal issues. Vitiligo can be healed! This book will inspire you to take a new attitude: dealing with the condition actively, rather than accepting it passively. As a practical guide, it will certainly save you tremendous amount of time and money in your journey to complete recovery.

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