



Insomnia: A Subliminal/Self-Hypnosis Program

Barrie L. Konicov

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This Self Hypnosis Subliminal Persuasion **Insomnia** CD has made a huge difference in individuals who have trouble falling asleep and/or staying asleep. Barrie Konicov can assist you in reprogramming your subconscious mind to sleep soundly through the night, enjoy peaceful dreams and awake at the time you specify. Elimination of **Insomnia** is a base benefit of all Subliminal Self Help programs.

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