



Beneath the Mask: Understanding Adopted Teens

Debbie Riley

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Working with adopted adolescents is complex. The key to successful therapy and healthy development is to help the adolescent discover and accept the person within. Parents will discover: •the six most common adoption stuck-spots •the complexities of adoption •the adopted teen's quest for identity •how therapy may help the adoptive families learn and grow together. Therapists and clinicians will discover: •a broad knowledge base on adoption •a step-by-step assessment process •clinical intervention strategies •a wealth of case histories •treatment resources and therapy tools •writing and art therapy samples.

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