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*Martha Stone*

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If you are new to the Atkins diet and have been looking for an Atkins cookbook that is packed with delicious Atkins recipes, then this is the perfect book for you. With the help of this book, The Atkins Diet-The Ultimate Atkins Cookbook: Over 25 Atkins Recipes You Can't Resist you will discover everything you have ever needed to know about the Atkin's diet as well as discover over 25 delicious Atkin's recipes that will leave you craving for more.

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