

Infusing Flavors: Intense Infusions for Food and Drink: Recipes for oils, vinegars, sauces, bitters, waters & more

Erin Coopey



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Ready to escape "vanilla" ho-hum recipes, embrace your culinary creativity, and taste something new? Yeah, we thought so. Pick up this cookbook--your ticket to a world of flavor.

Infusing Flavors features recipes to infuse mind-blowing flavors into teas, tisanes, bitters, liqueurs, aguas frescas, waters, vinegars, oils, gastriques, shrubs, ice creams, soft drinks, and more. Each section in the book is packed with unique recipes. You'll learn which herbs, fruits, flowers, vegetables, and even seeds can be prepared and infused into all-natural food and drink recipes. With its emphasis on flavor infusions that stretch beyond your standard cocktail bitters, this book is a special treat for any food lover.

Here's a taste of some of the ingredients you'll use in *Infusing Flavors*:

Herbs and flowers - chamomile, lavender, lemongrass, rosemary, mint, sage, thyme, lemon verbena, ginger, basil

Fruits - cherry, peach, strawberries, raspberries, blackberries, blueberries, citrus (lemons and oranges), watermelon

Veggies, berries, and roots - celery, fennel, dandelion

The blending and infusing chapter, plus the diverse recipe sections of the cookbook, promise to keep readers enthralled and learning something they never guessed about these wide-ranging ingredients for flavor infusion. The book includes information about the following:

Peel-to-stem is the new nose-to-tail: introduction to the movement Blending Infusing Storing Experimenting with flavors Health benefits (including tips on growing your own fresh herbs)

The Recipes

Teas and tisanes - herbal and fruit; iced and hot

Honeys, sugars, and simple syrups

Extracts and bitters - from baker to bartender

Shrubs, switchels, and kombuchas

Soft drinks and infused waters (sodas, beer, and "ade")

Flavored oils - the chef's secret

Vinegars and gastriques

Broths

Desserts and sweets



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Darren Custer:

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Linda Porter:

Now a day individuals who Living in the era where everything reachable by talk with the internet and the resources included can be true or not involve people to be aware of each details they get. How many people to be smart in acquiring any information nowadays? Of course the answer is reading a book. Reading a book can help individuals out of this uncertainty Information especially this Infusing Flavors: Intense Infusions for Food and Drink: Recipes for oils, vinegars, sauces, bitters, waters & more book because book offers you rich data and knowledge. Of course the data in this book hundred per cent guarantees there is no doubt in it everbody knows.

Donna Davis:

Playing with family in the park, coming to see the sea world or hanging out with friends is thing that usually you might have done when you have spare time, subsequently why you don't try issue that really opposite from that. 1 activity that make you not feeling tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love Infusing Flavors: Intense Infusions for Food and Drink: Recipes for oils, vinegars, sauces, bitters, waters & more, you can enjoy both. It is excellent combination right, you still desire to miss it? What kind of hang type is it? Oh can occur its mind hangout guys. What? Still don't get it, oh come on its referred to as reading friends.

Jeffrey Martinez:

As a student exactly feel bored to reading. If their teacher requested them to go to the library as well as to make summary for some reserve, they are complained. Just little students that has reading's heart and soul or real their pastime. They just do what the teacher want, like asked to the library. They go to at this time there but nothing reading really. Any students feel that looking at is not important, boring along with can't see

colorful images on there. Yeah, it is to get complicated. Book is very important for you. As we know that on this period of time, many ways to get whatever you want. Likewise word says, many ways to reach Chinese's country. So, this Infusing Flavors: Intense Infusions for Food and Drink: Recipes for oils, vinegars, sauces, bitters, waters & more can make you truly feel more interested to read.

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