



Cooking with My Sisters: One Hundred Years of Family Recipes, from Bari to Big Stone Gap

Adriana Trigiani, Mary Trigiani, Lucia Anna Trigiani, Antonia Trigiani, Francesca Trigiani, Adriana Trigiani, Mary Trigiani, Lucia Anna Trigiani, Antonia Trigiani, Francesca Trigiani

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For the Trigianis, cooking has always been a family affair—and the kitchen was the bustling center of their home, where folks gathered around the table for good food, good conversation, and the occasional eruption. Example: Being thrown out of the kitchen because one’s Easter bread kneading technique isn’t up to par. As Adriana says: “When the Trigianis reach out and touch someone, we do it with food.” Like the recipes that have been handed down for generations from mother to daughter and grandmother to granddaughter, the family’s celebrations are also anchored to the life and laughter around the table. We learn how Grandmom Yolanda Trigiani sometimes wrote her recipes in code, or worked from memory, guarding her recipes carefully. And we meet Grandma Lucia Bonicelli, who never raised her voice and believed that when people fight at the dinner table, the food turns to poison in the body.

Adriana Trigiani’s voice springs to life from the first page of **Cooking with My Sisters**, a collection of beloved family recipes that the Trigianis have been enjoying for generations. But there’s much more here than just the food. Peppered with hilarious family anecdotes, poignant letters, and exquisite color photographs, **Cooking with My Sisters** draws us into the warm and witty world of the Trigiani clan. Each recipe has a story behind it, and each chapter has tips from different sisters, reflecting the unique personalities of the latest generation of Trigiani women.

Here are mainstay meals, featured in sections such as “The Big Life” and “The Big Wow,” which include the chapters “Pasta, or as We Called It, *Maccheroni*” and “Food We Hated as Kids but Love to Serve Now.” Accessible to any cook, the recipes range from Chicken and Polenta, Zizi Mary’s Rice Soup, and Gnocchi to favorite desserts like Grandmom’s Buttermilk Cake—and all the delectable dishes are geared toward bringing your family together.

Written with Adriana Trigiani’s trademark humor and verve, this wonderful book will appeal to anyone who values the bonds that food, community, and cultural tradition can provide.

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