



**Intelligent Patient Guide to Breast  
Cancer: Information about risk, prevention,  
symptoms, signs, diagnosis, stage, surgery,  
radiation, chemotherapy, prognosis, treatment  
of/for breast cancer. 4th Ed.**

*Ivo Olivotto MD, Karen Gelmon MD, David McCready MD, Kathleen Pritchard MD, Urve Kuusk*

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The Intelligent Patient Guide book series was created in 1989 by a group of American and Canadian-trained physicians frustrated by the lack of quality information available for their cancer patients. The books became bestsellers, and their appeal has grown despite the development of the Internet. Whereas the Internet is an explosion of medical information that can confuse and intimidate, these books are personal guides designed to equip the patient to take an active role in their care by providing clear, organized and relevant information that gives them back a sense of control. In cancer centers across the country it is not uncommon to see a well-worn, personal copy of an Intelligent Patient Guide under the under the arm or at the bedside of a patient awaiting treatment. The books are frequently gifted by friends or family, or recommended by the patient's oncologist. Intelligent Patient Guides are the number one choice of patient information projects across the country and are provided to all newly-diagnosed breast/prostate cancer patients by government and charity-funded groups in five Canadian provinces.

Along with all the information you need to ask the right questions, evaluate options and contribute to your treatment decisions, Intelligent Patient Guides are loaded with special topics the doctors have seen come up time and again: My mother has cancer, what is my risk? Does diet really matter? Do alternative treatments work? What happens when you have surgery? Treatments to avoid. When should you seek a second opinion? What to do if you get a complication from treatment. Handling the psychological effects of your treatment.

"The Intelligent Patient Guide has been at my side for the last eight months as I fought cancer. When I needed (information), it never failed me." Former CEO Canadian Cancer Society and National Cancer Institute of Canada

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A lot of people always spent all their free time to vacation or perhaps go to the outside with them friends and family or their friend. Were you aware? Many a lot of people spent these people free time just watching TV, or perhaps playing video games all day long. If you need to try to find a new activity honestly, that is look different you can read some sort of book. It is really fun in your case. If you enjoy the book that you read you can spent all day every day to reading a publication. The book Intelligent Patient Guide to Breast Cancer:Information about risk, prevention, symptoms, signs, diagnosis, stage, surgery, radiation, chemotherapy, prognosis, treatment of/for breast cancer. 4th Ed. it is rather good to read. There are a lot of people that recommended this book. These people were enjoying reading this book. In case you did not have enough space bringing this book you can buy the e-book. You can m0ore easily to read this book from a smart phone. The price is not to cover but this book offers high quality.

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