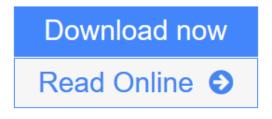


Evolve!: Live Spiritually Everyday, Everywhere, and in Every Way

James LeGrand



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As more people seek advice and methods to look inward for peace, balance, and happiness, the information they encounter is often confusing, incomplete, inaccurate, or inapplicable to the American lifestyle. Even though there are numerous books that describe the benefits of living a spiritually centered life, relatively few provide details of how to find and apply that newfound peace to every area of life.Evolve!: Live Spiritually Everyday, Everywhere, and in Every Way will bring clarity and direct applicability for every American. Author James LeGrand describes the necessary components of spiritually based thinking and how to apply that spirituality to every area of your life.The book describes how we live today, which is a fear-based model for living that creates perpetual unhappiness, the components to spirituality, how we can live a spiritually evolved lifestyle, and the peace of mind and unconditional love that inner meditation and outer observation can produce for us.Evolve! is designed to be read straight through or act as a reference for those who need fast information regarding a specific area of their lives. Let James LeGrand show you how to create a spiritually balanced life and find the peace and happiness you've always longed for!

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