



Suenos y senales (Spanish Edition) (Dreams and Their Signs)

Laura Rivas

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Suenos y senales is the entryway to the mysterious and fascinating universe of dreams, a place devoid of the rules that govern reality. Laura Rivas affirms that dreams unify body, mind and soul, and provide vital information about ourselves as well as the means to explore our personality. By understanding our dreams we gain a better understanding of ourselves which, in turn, allows us to improve aspects of our personality we wish to work on. Readers will find all the tools they need to discover and interpret the meaning of their dreams in this practical guide by one of Mexico's most renowned parapsychology experts, host of various national television shows and frequent guest to scientific vs. paranormal debates.

Spanish Description: Suenos y senales es un libro que se convierte en la puerta de entrada al mundo de los sueños; un universo misterioso y fascinante donde las reglas de la realidad no aplican. Aquí encontraras herramientas que te permitan encontrar la clave para descubrir e interpretar el significado de tus sueños. Laura Rivas asegura que un sueño unifica al cuerpo, mente, y espíritu. Provee conocimientos sobre nosotros mismos y medios para la exploración de la propia personalidad. Si comprendes tus sueños, te habras conocido y entendido un poco mejor y puedes llegar a conocer y mejorar aspectos de tu propia personalidad. Se trata de una guía práctica de una de las parapsicólogas más reconocidas en México, conductora de varios programas de televisión nacionales e invitada frecuente a programas de debate entre lo científico y lo paranormal.

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