

## My Fitness Entrepreneur: How to Become a Personal Trainer and Start a Personal Fitness Training Business

Ahmed Erguigue



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In association with http://myfitnessentrepreneur.com

Working as a personal trainer for the past 15 years has given me an extremely blessed life and I'm thankful every day that this is my profession. I love the fact that I get paid to positively impact the lives of my clients every single day. I put together this book to to help others achieve a career as rewarding as the one I've experienced. Hopefully this guide will help you find the same joy, satisfaction, and success that I have found in this dynamic profession.

This is my story and I hope you like it. It comes from my heart.

-Gino

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Health and Fitness Evaluation Form

Personal Trainer Contract

Session Completion Signature Sheet

Case Study: How to Open a Gym or Fitness Training Facility (the blunt truth).

--- 1. Estimate your expenses and revenue.

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Top 16 Mistakes Personal Trainers Make

About the Author – Ahmed "Gino" Erguigue

- --- My story
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