



More Quick-Fix Vegan: Simple, Delicious Recipes in 30 Minutes or Less

Robin Robertson

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More Quick-Fix Vegan delivers 150 all new recipes, tips, and strategies for preparing healthy, delicious, and economical meals in 30 minutes or less. If you loved *Quick-Fix Vegan*, you will love this book too!

More Quick-Fix Vegan is filled with 150 all-new easy, flavor-packed recipes that can be prepared in 30 minutes or less. These healthy new "fast food" recipes have all the ease and convenience of Robin's bestselling *Quick-Fix Vegan*.

?This book starts off with a chapter of basic recipes that you can use to save both time and money. Two chapters unique to this book are Big Bowls, which provides complete meals containing a protein, a grain or starch, and vegetables, all served in a bowl. What could be easier? Perhaps the special chapter Pantry Makes Perfect -- super-simple recipes made entirely from pantry ingredients, including Pantry Paella, Pantry Burgers, and Quick Cornbread.

?You will also find hearty soups and stews, meal-worthy sandwiches such as Tonkatsu Tacos and Sloppy Jacks, and skillet dishes such as Fiery Korean Stir-Fry, Black Beans and Spinach with Tomato-Avocado Salsa, and Chickpeas Nicoise.

?The book also features pasta dishes like Jamaican Rasta Pasta, Fire and Ice Sesame Noodles, and Sicilian Pasta with Chard and Walnuts. There is also a section devoted to make-ahead bakes including Pretzel-Topped Mustard Mac UnCheese and Mediterranean Vegetable Strudel, as well as several quick-fix desserts such as Mango Fried Rice Pudding, Baklava Palmiers, and Peach Melba Crisp.

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